



Biography

Caryn earned a Master's degree in taxation before working for over 10 years as a Certified Public Accountant (CPA) and team manager.

Leveraging her financial background, she has provided business analysis, management / leadership training and executive coaching to some of the world's most recognizable brands.

As the President of Good Spirited Consulting Co, she leads a team of experienced business professionals that provide human performance improvement (HPI) reviews, recommendations and solutions.

Caryn has provided consulting services for the following:

- AT&T
- Thomson Reuters
- Coca-Cola
- Morgan Stanley-Smith Barney
- Shawmut Design and Construction
- Philip Morris
- McKinsey & Company
- ...and many more

Consulting services include:

- Process Improvement Analysis
- DNA Performance Review
- Program Design
- Training & Facilitation

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Performance Consultant

*Unlocking the keys to
business success*

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